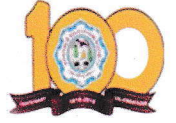




Gokhale Education Society's

**COLLEGE OF EDUCATION AND RESEARCH**



Parel, Mumbai – 400 012.

Permanently affiliated to University of Mumbai, NCTE Recognised, UGC 2f 12B,  
ISO 9001:2015 Certified, NAAC accredited A grade in 3<sup>rd</sup> Cycle

**DOCUMENT UPLOAD**

**CURRICULUM ENRICHMENT 1.3.2**

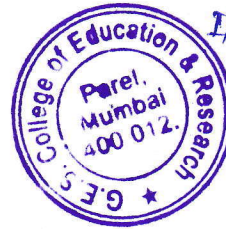


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1.3.3.

### 1. Workshop on Phases of Teaching

Dr. Vinod Gavit Organized a Workshop on "Phases of Teaching " on 21<sup>st</sup> – 25<sup>th</sup> June, 2021 for online mode on Zoon. There are Three Phases of teaching Dr. Sandip Bodke, Dr, Sangita Patkar, Dr. Chavan were explain the phases of teaching.



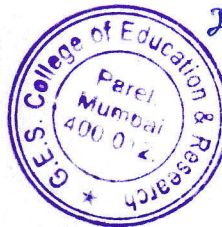
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Principal  
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## Report 2020-21

1.3.3.

### Guidance and counseling cell of GESCER

Pandemic of Corona is very crucial period for education. Our education system is traditional classroom teaching more than 80 % education done by school building in front of teacher. But in Pandemic there is no break for education process college adopted online process for teaching learning and guidance for student Dr. V.N.Gavit in-charge of practice teaching ( Internship) and librarian Dr. Shilpa Waghchaure It Co-ordinator was appointed guidance and counselling for student. Students are instructed any problem about teaching learning process or online communication process, online lesson they contact above person. college gives their E-mail Id or phone contact.



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### 3. Yoga Sessions

**Organized by PatanjaliYogVigyanSamiti 05/10-03-2018**

2018-19 Student teachers are given opportunity to practice yoga fortnightly in the multipurpose hall. Objectives of conducting yoga sessions: To provide a sense of calm that comes from the practice of yogic exercises To develop the practice of breath control. To develop resilience among the students Plan of Action: Student teachers were made aware of benefits of Yoga by fitness expert Mr. Dorjee. Yoga has a diverse range of things that it can offer. It could be said that a primary goal of yoga isto gain balance and control in one's life. It also relieves one from confusion and distress. It helps to calm the nerves and helps in increase concentration. Dr. Chavan was co-ordinator of the yoga session.



2/10

  
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#### 4. International Yoga Day

The International Day for Yoga was observed by Gokhale Education societies College of Education and Research. Parel on 21st June, 2021. The members of the Student Council conducted the entire programme. The programme began with the prayer. Mr. Rahul Alinje From Denmark he was conducted the session. Principal Dr. Narendra Patil congratulated the students and emphasized the need for practicing yoga in our fast paced lives. She shared that the Add on course on \*Yoga for Wellness' which is run by the institution has benefitted the stakeholders immensely. She motivated the students to practice yoga whenever they get time so as to build positivity in their lives. All staff members were participated



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### 5. Workshop on Creative Technique

The Workshop on " **Creative Technique** " was conducted by Dr. Vinod Gavit, on 24<sup>th</sup> Aug 2022. The students were Participated about the concept and workshop of Creative Technique. the components of Creative Technique Were benefited to student.



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**Report 2020-21****1.3.3.****Guidance and counselling cell of GESKER**

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